



## Newsletter june

Dear members and sympathizers,

Only a few days away from the summer holidays: active for some, total relaxation for others.

Several members end the holiday actively and have signed up for Pevoc in Ghent and some will also give lectures and workshops. We will certainly meet each other there. Report follows after the holiday.

In any way, we wish you a very successful holiday, but first we want to give you some news about our upcoming activities

The Evta-Be board

## Website

Our website is in renovation but will be gradually online again in the coming weeks.

## Our workshops November 4, 10-17h

**Location:** AZ JAN PALFIJN GENT Watersportlaan 5 - 9000 Ghent



## Workshop: "The power of your tongue" by Nico Lambrechts

Accessible for singers, orators, speech therapists, teachers and everybody interested in the subject.

**10:00-13:00**



The tongue is the most flexible organ in the human body and needs 8 (!) muscles to be able to move. A correct tongue placement both at rest and during speaking and singing is essential for a healthy tongue and voice. Faulty mouth habits and incorrect use of the tongue obstructs the free movement of the larynx, can cause hypertension at the level of the laryngeal musculature with voice and swallowing problems as a result. The tongue helps to articulate and allows people to make them understood.

Furthermore, the tongue plays an enormously important role in the development of jaw and face, forming throat and skull cavities (important function of resonance) and sound development of the teeth (orthodontics).

Nico Lambrechts, osteopath D.O., goes deeper into the anatomy and function of the tongue, explains the role of the tongue function in the orofacial / stomatognathic system and gives some practical exercises to optimize the tongue function.

**Admission:** Non-members: € 85 (€ 45 students -26) - Members EVTA-Be € 50 (€ 30 students -26)

New! Register online at <https://nl.surveymonkey.com/r/CXPCGJW>

Deposit the correct amount on BE69 0688 9438 3978, using the same name as your registration. For those that can't register online: Send an email to [info@evta-be.com](mailto:info@evta-be.com), indicating *Nico Lambrechts* and whether you are a member or not. Please also add your phone number and address. Add bank receipt as confirmation of participation.

## Workshop “Convey your message with Creative, Strategic and Healthy use of the Voice”

Complete Vocal Technique for speakers by Sarah Algoet, Authorized CVT Teacher

Accessible for orators and singers, speech therapists, teachers, people who have to negotiate a lot and everyone interested in the topic

**14-17h**



Our voice is an eminent element that illustrates the mind-body connection. How you feel will have an impact on your sound. And how you sound will undoubtedly have a big impact on how your message resonates with the person you address. But what if the sound of your voice does not fit your desired message?

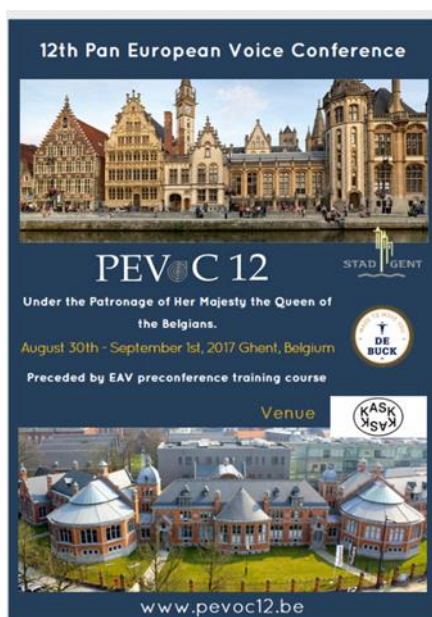
It is possible to colour your voice, so that she illustrates 100% what you want to say at that moment. Today you want to sound warm, gentle and understanding. But perhaps tomorrow self-confidence and purposefulness will have priority. Everything is possible. Get to know your voice and discover the many opportunities that are available to support your message in a healthy and scientifically sound manner.

Admission: Non-members: € 85 (€ 45 students -26) - Members EVTA-Be € 50 (€ 30 students -26)

Register online at <https://nl.surveymonkey.com/r/CXPCGJW>

Deposit the correct amount on BE69 0688 9438 3978, using the same name as your registration. For those that can't register online: Send an email to [info@evta-be.com](mailto:info@evta-be.com), indicating *Sarah Algoet* and whether you are a member or not. Please also add your phone number and address. Add bank receipt as confirmation of participation.

All activities are in Dutch unless there are multilingual participants. In that case, also English will be used.



Seize the unique opportunity to be present at Pevoc, as the next edition will be held in our own Ghent, August 30th to September 1st!

All voice professionals or students that somehow are involved in voice, are welcome.

Members of Evta-Be, consequently also being members of EVTA, receive a 10% reduction!

[www.pevoc12.be](http://www.pevoc12.be)

## **Evta-Be Theme 2018: "Your body, your voice"**

The relationship between your body and your voice: We've already experienced it all about how your body condition can affect your voice in a positive and negative way and how specific body work has a beneficial effect on the voice?

Around this theme we want to work on the following dates:

**February 17**, 2018 (10-17h) workshops

**April 14**, 2018 10-18u **Symposium "Your body, your voice"** with lectures and workshops (Following World Voice Day on April 16)

**November 3**, 2018 (10-17h) workshops

Please note the dates in your calendar!

We are still looking for nice locations. If your institution is interested, please let us know!

We already have contacts with interesting speakers and workshop teachers, but if you have ideas, or if you know some interesting speakers or do you have already given a workshop about this theme, please let us know before August 15th.

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## **Our FB Page**

With our website in reconstruction, our FB page is the most important to look at.

Latest news, messages about workshops and symposia of our sister associations in the surrounding countries and of EVTA Europe can be found on our FB page.

You can also view the pictures and videos of our previous activities.

Do you know about an interesting activity? Please let us know by mail, we put it on our page.



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